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**Donald W. Winslett, Ed.D.**

**2020  
Fall Health Symposium  
September 10, 17, 24, and October 1, 2020  
First Baptist Church, Pensacola  
Chipley Hall**

**Session I – Thursday, Sept 10 – “Dementia Related – Diagnoses” – John Sullivan, M.D., Medical Director,  
11 AM – 1 PM Department of Medical Hospitalists  
5 PM – 7 PM Baptist Healthcare, Inc.**

An Alzheimer’s Association report provides sobering numbers regarding the prevalence of the diagnosis of dementia related diseases, burden on the caregivers, and the impact on our nation’s healthcare system. Alzheimer’s disease is the sixth leading cause of death in the United States. Cardiovascular related deaths have decreased almost 10% over the last two decades. Deaths from Alzheimer’s has increased 145%. One in three seniors dies with Alzheimer’s or another dementia related diagnosis. This disease kills more people than breast cancer and prostate cancer combined.

**Session II – Thursday, September 17 – “Care for the Caregiver” – Kelly C. Markham, LCSW, ACHP-SW  
11 AM – 1 PM Community Engagement Manager  
5 PM – 7 PM Faith Health Network – Baptist Healthcare**

Presently there are 5.8 million Americans living with Alzheimer’s. 18.5 billion hours of care, valued at nearly 234 billion dollars provided by family and other unpaid caregivers. Alzheimer’s extracts a devastating toll on caregivers including substantial emotional, financial, and physical difficulties.

**Session III – Thursday, September 24 – “Palliative Care – Best Practices” – Dr. Ira Byock  
8 AM – 11:30 AM – Clergy/Health Professionals  
12 PM – 2 PM – Community (\*see below)**

Dr. Ira Byock, M.D., FAAHPN, is the leading medical authority and public advocate for improving care through the end of life. Dr. Byock is our most widely renowned physician working in this area, and is an acknowledged visionary and pioneer in palliative care. Since 1978, Dr. Byock has been involved with the largest of healthcare systems and the smallest of residential homes. He is a voice in this medical wilderness, calling for best practices that provide for the dying and what we now know as “dying well.”

**Session IV – Thursday, October 1 – “Grief & Bereavement” – Dr. Donald Winslett  
11 AM – 1 PM  
5 PM – 7 PM**

We all experience grief in so many various shapes and forms. While unable to measure grief and bereavement by degrees it extracts life out of a person rendering him/her unable to experience any form of joy.

The Fall Health Symposium is designed to address these four topics – the patient, the caregiver, best practices for a death with dignity, and grief and bereavement.

This event is open to the public. No cost to attend.

A light lunch/dinner will be served at no cost.

Registration required by Tuesday of each week at 12 noon.

Please register via e-mail at [event@centerforclergycare.com](mailto:event@centerforclergycare.com) (This is an email address – NOT a website)

\*(Please note – there is only one community session for Session III, Sept. 24 - Lunch will be served at 11:30 a.m. – session will begin at 12 noon)

This Fall Health Symposium is a ministry of the Center for Clergy Care and Education.